

JACOB MAYFIELD'S

3 CARD SPREADS FOR BEGINNERS

Tarot spreads, in essence, are structured layouts through which tarot cards are placed and interpreted during a reading. Each position in a spread holds its own meaning, contributing to the overall narrative or answer the reader seeks. The complexity and size of these spreads can vary significantly, from simple one-card draws to more intricate layouts involving numerous cards. For those exploring the realm of tarot, whether beginners or seasoned practitioners, it is not uncommon to encounter feelings of being overwhelmed or confused by some of the larger, more complex spreads featured in books and online resources.

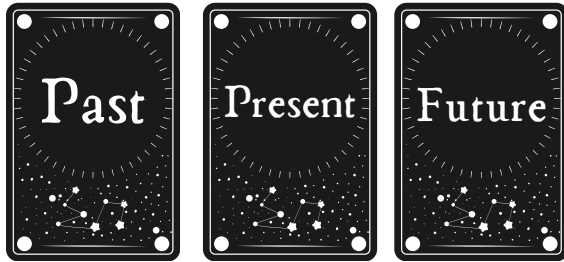
Amidst this vast array of choices, three-card spreads emerge as a highly effective and accessible method for addressing a wide range of questions. This type of spread, often considered the "bread and butter" for both tarot newbies and professionals, involves drawing three cards from the deck and laying them out in a line. Each card represents a specific element of the question or situation at hand, such as past, present, and future; situation, action, and outcome; or mind, body, and spirit, making it a versatile tool for divination and introspection.

The beauty of three-card spreads lies in their simplicity. They allow for clear and concise readings without sacrificing depth and insight. For beginners, these spreads serve as an excellent introduction to the practice of tarot reading, helping them to familiarize themselves with the cards and their meanings in a manageable way. More experienced readers appreciate the efficiency and flexibility of three-card spreads, as they can be adapted to suit any question or context, providing quick yet profound insights.

Furthermore, three-card spreads encourage a focused approach to tarot reading. By concentrating on a limited number of cards, readers can dedicate more time and attention to exploring the nuances and connections between the cards drawn. This can lead to a more intuitive and reflective reading experience, where the subtler aspects of the cards' messages are allowed to surface.

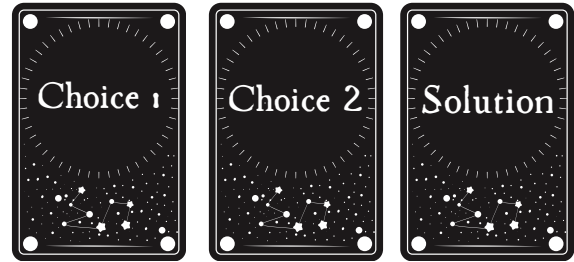
While the world of tarot offers an array of spreads ranging from the simple to the complex, three-card spreads stand out for their effectiveness, accessibility, and versatility. Whether you're just beginning your tarot journey or are a seasoned reader seeking a straightforward way to glean insights, three-card spreads offer a reliable and enriching approach to engaging with the cards and uncovering the answers you seek.

PAST, PRESENT, FUTURE



A foundational spread. Perfect for just about any question imaginable.

CHOOSING BETWEEN 2 OPTIONS



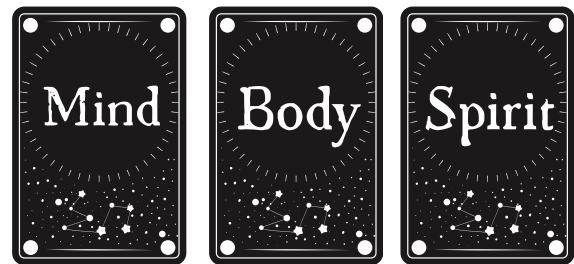
We are often find ourselves at a crossroad. This can help us find clarity.

LESSONS LEARNED



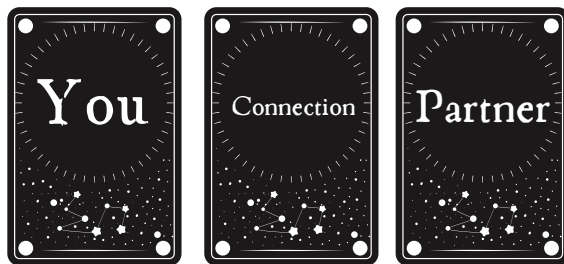
A great tool for reflecting on an experience and what we learned.

MIND, BODY, SPIRIT



A wonderful way to check in on yourself.

RELATIONSHIP



This is a popular spread for romantic couples, but truly effective for any type of relationship.

SITUATION, ACTION, OUTCOME



When we want a better perspective on what's going on or what action we need to take.